

**Table 2.6-- PERCENT OF ADULT POPULATION AFFECTED BY SPECIFIED  
BEHAVIORAL RISK FACTORS, COUNTY OF HAWAII:  
2002 TO 2008**

(Weighted percent of adults who reported the health risk behaviors or conditions)

<b>Risk factor <u>1/</u></b>	<b>2002</b>	<b>2003</b>	<b>2004</b>	<b>2005</b>	<b>2006</b>	<b>2007</b>	<b>2008</b>
Binge drinking <u>2/</u>	13.9	15.0	19.3	17.5	17.3	18.1	18.7
Current smokers <u>3/</u>	23.5	17.1	23.0	19.8	19.2	19.4	18.9
Diabetes	5.4	6.5	6.4	9.6	7.3	7.0	7.2
Drinking and driving	4.9	NA	NA	NA	3.3	NA	2.9
Health care coverage	87.7	88.0	88.8	87.2	86.1	92.2	90.5
High cholesterol	NA	26.5	NA	35.0	NA	36.3	NA
Hypertension	NA	22.9	NA	25.1	NA	27.5	NA
Lack of exercise <u>4/</u>	17.8	16.4	22.4	20.6	19.4	17.9	19.3
Overweight <u>5/</u>	36.0	34.6	38.1	35.4	34.8	35.6	35.1
Obese <u>6/</u>	19.2	18.9	19.7	23.0	20.4	23.1	24.0
Poor general health	3.0	2.0	6.1	4.0	4.0	4.0	4.5
Poor nutrition <u>7/</u>	44.0	40.8	29.4	38.2	NA	31.3	NA
Seatbelt non-use	0.4	NA	NA	NA	0.8	NA	1.0

NA = Not available.

1/ Certain risk factor data are collected only on alternating years.

2/ Five or more alcoholic drinks for men; or four or more for women, on one occasion in the past month.

3/ Listed as "cigarette smoking" in previous *Data Book* tables.

4/ Physically inactive. No leisure-time physical activity reported during the past month. Category was changed from the one used to measure exercise in previous *Data Book* tables.

5/ Overweight or obese. Body mass index (BMI) greater than or equal to 25. Criteria used in this table differs from the criteria used in previous *Data Book* tables.

6/ Body mass index (BMI) greater than or equal to 30.

7/ Less than five fruits and vegetables a day.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS), Website: <http://www.hawaii.gov/health/statistics/brfss/index.html>