



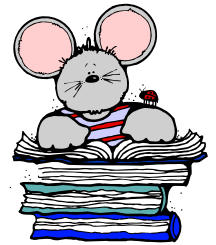
# Hilo Armory

2010 1st Quarter Program Guide

**\*July\*August\*September\***

Gail Rosehill, Recreation Director II (961-8734)

Monday thru Thursday 12:00-8:00 p.m. & Friday 7:45 a.m.-4:30 p.m.



## SPORTS ACTIVITY

### **P&R YOUTH VOLLEYBALL LEAGUE**

Age Group: 10 years old & under  
12 years old & under  
14 years old & under

Registration: Ongoing until Sept. 2010  
Program: September-December 2010  
Tuesday & Thursday~4:45-6:30 p.m.

### **P&R BOYS AGE GROUP BASKETBALL LEAGUE**

Age Group: 8-10 years old  
Registration: Ongoing August 16, 2010  
Program: August-September 2010  
4:15-6:30 p.m.

### **INSTRUCTIONAL VOLLEYBALL I**

Age Group: 8-10 years old  
Registration: Ongoing until July 26, 2010  
Program: July 19-Sept. 27, 2010  
Monday & Wednesday~3:00-4:30 p.m.

### **INSTRUCTIONAL VOLLEYBALL II**

Age Group: 12 years old & under  
Registration: Ongoing until July 26, 2010  
Program: July 20-Sept. 30, 2010  
Tuesday & Thursday~3:00-4:30 p.m.

### **RECREATIONAL BASKETBALL**

Age Group: Open  
Program: July 1-Sept. 30, 2010  
Monday-Friday~12:15-2:30 p.m.

## SPORTS ACTIVITY

### **VOLLEYBALL TRAINING I**

Age Group: 14 years old & under  
Program: July 26-December 15, 2010  
Monday & Wednesday~5:30-7:30 p.m.

### **VOLLEYBALL TRAINING II**

Age Group: 12 years old & under  
Registration: Ongoing until July 28, 2010  
Program: July 26-December 15, 2010  
Monday & Wednesday~4:30-6:00 p.m.

### **RECREATIONAL VOLLEYBALL**

Age Group: Open  
Program: July 7-Sept. 29, 2010  
Wednesday~7:30-10:00 p.m.

## PHYSICAL FITNESS

### **STEP AEROBICS**

Age Group: Open  
Registration: Ongoing  
Program: July 6-Sept. 30, 2010  
Tuesday & Thursday~5:00-6:00 p.m.  
Fee: \$5.00/month  
\*Limited to 16 participants

### **SPEED & QUICKNESS TRAINING**

Age Group: 12-14 years old  
14-16 years old  
Registration: June-July 7, 2010  
Program: July 13, 15, 20 & 22, 2010  
Tuesday & Thursday  
3:00-4:00 p.m. & 4:00-5:00 p.m.

## ARTS & CRAFTS

### **BEAD MAKING**

Age Group: Open

Registration: June 21-July 6, 2010

Program: July 8, 2010

Thursday~1:30-3:00 p.m. & 3:00-4:30 p.m.

Fee: \$3.00

### **CRACKER JACK & NUTS**

Age Group: Open

Registration: June 21-July 6, 2010

Program: July 20, 2010

Tuesday~1:00-3:00 p.m.

### **MIRROR ETCHING FOR YOUTH**

Age Group: 9-14 years old

Registration: August 2-13, 2010

Program: August 17, 2010

Tuesday~3:00-5:00 p.m.

Fee: \$1.00

### **MIRROR ETCHING FOR TEENS & ADULTS**

Age Group: 14 years old & above

Registration: August 2-13, 2010

Program: August 17, 2010

Tuesday~5:00-8:00 p.m.

Fee: \$5.00

### **LAUHALA HOTPLATES**

Age Group: 9 years old & above

Registration: August 16-Sept. 8, 2010

Program: September 15, 2010

Wednesday~4:30-8:00 p.m.

Fee: T.B.A.

## SPECIAL EVENTS

### **SUMMER ADVENTURES FAMILY NIGHT**

July 14, 2010

Wednesday~5:30-9:00 p.m.

### **VOLLEYBALL CLINIC I**

Age Group: 8-12 years old

August 14, 2010

Saturday~8:00 a.m.-12:00 p.m.

## SPECIAL EVENTS

### **VOLLEYBALL CLINIC II**

Age Group: 12-15 years old

August 14, 2010

Saturday~1:00-5:00 p.m.

## ONGOING PROGRAMS

### **SUMMER ADVENTURES @ HILO ARMORY**

Age Group: 9-12 years old

June 7-July 16, 2010

Monday-Friday~8:00 a.m.-3:00 p.m.

### **RECREATIONAL BADMINTON**

July 19-Sept. 29, 2010

Monday, Wednesday & Friday

10:00 a.m.-12:00 p.m.

### **SENIOR RECREATION BADMINTON**

Age Group: 55 years old & above

July 20-Sept. 28, 2010

Tuesday & Thursday~10:00 a.m.-12:00 p.m.

## COMMUNITY INTEREST

### **PIOPIO BEARS 8 & UNDER BASKETBALL TOURNAMENT**

July 10 & August 6-8, 2010

Charlie Ikeda~981-0260

### **HILO BADMINTON CLUB TOURNAMENT**

September 3-5, 2010

Clive Okino~981-0155

### **HILO BADMINTON CLUB**

Sunday & Monday~7:30-10:00 p.m.

Clive Okino~981-0155

### **BIIF GIRLS VOLLEYBALL**

September -November 2010

Leroy Simms~974-4021 ext. 2235

### **YOGA/QI GONG**

Monday & Wednesday~9:00-10:30 a.m.

Tuesday & Thursday~8:30-9:45 a.m.

P&R Cultural & Arts~961-8706

Program Guides can be accessed by going on-line: <http://www.co.hawaii.hi.us/parks/recreation.htm>

### **POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY**

The Department of Parks and Recreation provides recreational opportunities without regard to race, color, national origin, age, sex, religion or disability. Please call Alisa Mitchener, Recreation Specialist, 961-8740, ext. 24, VTTY 961-8736 to discuss your need for reasonable accommodation or for more information on site accessibility.