

KAMEHAMEHA PARK COMPLEX

2009 2nd Quarter Program Guide

OCTOBER*NOVEMBER*DECEMBER

Chris Cackley, Rec. Director II & Rene Gonsalves, Rec. Technician III (889-6505)
Monday thru Thursday 12:00-8:00 p.m., Friday 7:45 a.m.-7:30 p.m. & Saturday 10:00 a.m.-4:00 p.m.

****CAMPING & PAVILION PERMITS: Monday thru Friday, 1:00-2:00 p.m.****

SPORTS ACTIVITY

T-BALL

Age Group: 5-6 years old
Registration: Oct. 5, 2009
Program: Oct. 5-Nov. 2, 2009
Instructor: R. Gonsalves
Monday~3:30-4:30 p.m.

GIRLS AGE GROUP BASKETBALL

Age Group: 9-14 years old
Registration: Oct. 6, 2009
Program: October-December 2009
Monday & Thursday~8:00 a.m.-4:00 p.m.

BIDDY BASKETBALL

Age Group: 5-8 years old
Program: October 2009
Monday & Wednesday~4:00-6:00 p.m.

COMMUNITY VOLLEYBALL

Age Group: Open
Program: October-December 2009
Wednesday~6:00-8:00 p.m.

COMMUNITY BASKETBALL

Age Group: Open
Program: October-December 2009
Monday~6:00-8:00 p.m.

PHYSICAL FITNESS

POWER WALKING

Age Group: Open
Program: October-December 2009
Wednesday~4:30-5:30 p.m.

PHYSICAL FITNESS

STRETCHING FOR HEALTH

Age Group: Open
Program: October-December 2009
Monday, Wednesday & Friday
1:00-2:00 p.m.

ARTS & CRAFTS

HALLOWEEN ARTS & CRAFTS

Age Group: 6-12 years old
Program: Oct. 1, 15, 29, 2009
Thursday~4:00-5:30 p.m.

THANKSGIVING CRAFTS

Age Group: 6-12 years old
Program: Nov. 9 & 23, 2009
Monday~4:00-5:30 p.m.

CHRISTMAS CRAFTS

Age Group: 6-12 years old
Program: Dec. 7 & 14, 2009
Monday~4:00-5:30 p.m.

BEGINNERS HAWAIIAN QUILTING

Age Group: Adult
Program: November 2009 (4 weeks)
Thursday~4:30-6:00 p.m.

PERFORMING ARTS

KEIKI BASIC STEPS (HULA)

Age Group: 5-7 years old
Program: October 2009 (4 weeks)
Tuesday~4:00-5:00 p.m.

PERFORMING ARTS

KAHIKO FOR BEGINNERS

Age Group: 8-12 years old
Program: October 2009 (4 weeks)
Tuesday~5:00-6:00 p.m.

KAHIKO BASICS

Age Group: Open
Program: November 2009 (4 weeks)
Tuesday~5:00-6:00 p.m.

SPECIAL EVENTS

BIDDY BASKETBALL TOURNAMENT

Age Group: 5-8 years old
Program: October 17, 2009
Saturday~8:00 a.m.-3:00 p.m.

VOLLEYBALL TOURNAMENT

Age Group: 9-14 years old
Program: October 24, 2009
Saturday~8:00 a.m.-3:00 p.m.

THANKSGIVING HIKE

Age Group: Open
Program: November 28, 2009
Saturday~8:00 a.m.-3:00 p.m.

ONGOING PROGRAMS

AGE GROUP MIX VOLLEYBALL

Age Group: 9-14 years old
Program: Ongoing
Monday & Thursday~4:00-6:00 p.m.

MAKULE MENS BASKETBALL

Age Group: 45 years old & above
Thursday~6:00-7:30 p.m.

WEIGHTLIFTING

Age Group: 18 years old & above
Monday-Friday~12:00-8:00 p.m.

PING PONG

Tuesday~6:00-8:00 p.m.

COMMUNITY INTEREST ACTIVITIES

GATEBALL

October-December 2009
Monday & Thursday~10:00 a.m.-1:00 p.m.
L. Pasco

SENIOR CITIZEN SOFTBALL

Age Group: 55 years old & above
November-December 2009
Tuesday & Thursday~2:30-4:00 p.m.
G. Fernandez

PING PONG

October-December 2009
Tuesday~6:00-9:00 p.m.
L. Winkler

ULTIMATE FRISBEE

October-December 2009
Tuesday~6:00-8:00 p.m.
A. Nogues

AEROBICS

October-December 2009
Tuesday & Thursday~5:30-6:30 p.m.
J. Williams

KARATE

October-December 2009
Monday & Thursday~4:00-6:00 p.m.
H. Kapeliela

KICK BOXING

October-December 2009
Tuesday & Thursday~7:00-9:00 p.m.
H. Walleman

CERAMICS

October-December 2009
Thursday~10:00 a.m.-12:00 p.m.
E. Mukai

Program Guides can be accessed by going on-line: <http://www.co.hawaii.hi.us/parks/recreation.htm>

POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY

The Department of Parks and Recreation provides recreational opportunities without regard to race, color, national origin, age, sex, religion or disability. Please call Alisa Mitchener, Recreation Specialist, 961-8740, ext. 24, VTTY 961-8736 to discuss your need for reasonable accommodation or for more information on site accessibility.