

★ Kamehameha Park Complex ★

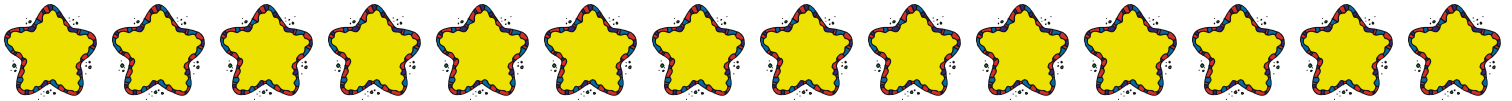
2010 3rd Quarter Program Guide

JANUARY***FEBRUARY***MARCH

Chris Cackley, Rec. Director II & Rene Gonsalves, Rec. Technician III (889-6505)

Monday thru Thursday 12:00-8:00 p.m., Friday 7:45 a.m.-7:30 p.m. & Saturday 10:00 a.m.-4:00 p.m.

****CAMPING & PAVILION PERMITS: Monday thru Friday, 1:00-2:00 p.m.****



SPORTS ACTIVITY

BOYS AGE GROUP BASKETBALL

Age Group: 9-14 years old
Program: January-March 2010
Instructor: Staff
Monday-Friday~3:00-6:00 p.m.



TRACK & FIELD

Age Group: 6-14 years old
Program: January-February 2010
Tuesday & Thursday~2:30-3:30 p.m.

T-BALL

Age Group: 5-6 years old
Program: January-March 2010
Monday & Wednesday~3:00-6:00 p.m.



COACH PITCH

Age Group: 7-8 years old
Program: January-March 2010
Tuesday & Thursday~3:00-6:00 p.m.

SPORTS ACTIVITY

SENIOR CITIZEN SOFTBALL

Age Group: 55 years old & above
Program: January-June 2010
Monday-Thursday~Time to be announced

SPRING GIRLS SOFTBALL

Age Group: 8-12 years old
Program: February-March 2010
Monday & Wednesday~3:00-6:00 p.m.

PHYSICAL FITNESS



AEROBICS

Age Group: Open
Program: January-March 2010
Tuesday & Thursday~5:30-6:30 p.m.

STEP AEROBICS

Age Group: Open
Program: January-March 2010
Tuesday & Thursday~6:30-7:30 p.m.

KARATE

Age Group: Open
Program: January-March 2010
Monday & Wednesday~4:00-6:00 p.m.

PHYSICAL FITNESS

STRETCH CLASS

Age Group: Open
Program: January-March 2010
Monday, Wednesday & Friday
1:00-2:00 p.m.

WEIGHT ROOM

Age Group: Open
Program: January-March 2010
Monday-Friday~12:30-7:30 p.m.

ARTS & CRAFTS

JAPANESE CALIGRAPHY

Age Group: Open
Program: March 2010
Thursday~4:00-5:00 p.m.

CERAMICS

Age Group: Open
Program: February-March 2010
Wednesday~5:00-7:00 p.m.

VALENTINE'S CLASS FOR CRAFTS

Age Group: Open
Program: February 4 & 11, 2010
Thursdays~4:00-5:00 p.m.



PERFORMING ARTS

KEIKI BASIC STEPS (HULA)

Age Group: 5-7 years old
Program: February-March 2010
Tuesday~4:00-5:00 p.m.

BEGINNERS UKULELE CLASS

Age Group: Open
Program: January-February 2010
Monday~4:00-5:00 p.m.

SPECIAL EVENTS

COMMUNITY HIKING

Age Group: Open
Program: January 22, 2010
February 19, 2010
Instructor: C. Cackley
Friday~8:30 a.m.-2:30 p.m.



P&R TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: January 4-22, 2010
Program: February 6, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School/Keaau High School

P&R TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: January 22-February 5, 2010
Program: February 20, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School/Keaau High School

HERSHEYS TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: T.B.A.
Program: March 6, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School

T-BALL & COACH PITCH TOURNAMENT

Age Group: 5-8 years old
Program: February 27, 2010
Saturday~9:00 a.m.-3:00 p.m.

BOYS AGE GROUP BASKETBALL TOURNAMENT

Age Group: 9-14 years old
Program: February 27, 2010
Saturday~8:00 a.m.-4:00 p.m.

Program Guides can be accessed by going on-line: <http://www.co.hawaii.hi.us/parks/recreation.htm>

POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY

The Department of Parks and Recreation provides recreational opportunities without regard to race, color, national origin, age, sex, religion or disability. Please call Alisa Mitchener, Recreation Specialist, 961-8740, ext. 24, VTTY 961-8736 to discuss your need for reasonable accommodation or for more information on site accessibility.