



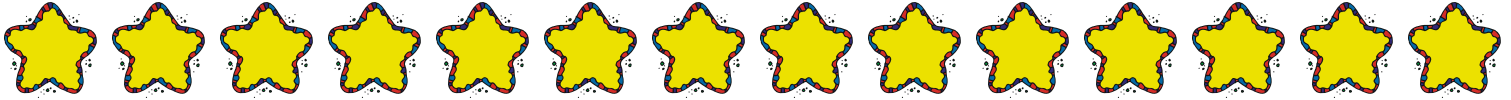
Kawananakoa Gym



2010 3rd Quarter Program Guide

JANUARY*FEBRUARY***MARCH**

Jaime Guerro, Rec. Director II & Frank Feary, Rec. Technician II (961-8732)
Monday thru Thursday 12:30-9:00 p.m.,



SPORTS ACTIVITY

TRACK & FIELD

Age Group: 6-14 years old
Registration: Ongoing
Program: Jan. 8-Feb. 19, 2010
Monday-Thursday~3:00-5:00 p.m.

T-BALL/COACH PITCH

Age Group: 6-9 years old
Registration: Ongoing
Program: Jan. 4-Feb. 29, 2010
Monday-Friday~2:30-4:30 p.m.

AGE GROUP BASKETBALL

Age Group: Grade 4-6
Registration: Jan. 4-15, 2010
Program: Jan. 11-March 12, 2010
Wednesday & Friday~3:00-4:30 p.m.

BOYS AGE GROUP BASKETBALL

Age Group: 13-14 years old
Registration: Open
Program: Jan. 11-Feb. 28, 2010
Monday & Wednesday~4:15-6:30 p.m.

PHYSICAL FITNESS

BOXING CONDITIONING

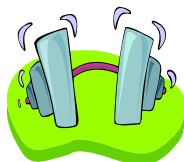


Age Group: Open
Registration: Open
Program: Jan. 4-March 31, 2010
Tuesday & Thursday~4:30-5:30 p.m.

WEIGHT TRAINING

Age Group: 15 years old & above
Registration: Open
Program: Jan. 4-March 31, 2010
Monday-Saturday~During gym hours

*****Bring your own towel*****



PHYSICAL FITNESS

WALK & JOG CONDITIONING

Age Group: Open
Registration: Open
Program: Jan. 4-March 31, 2010

ARTS & CRAFTS

VALENTINE CRAFT

Age Group: 7-12 years old
Registration: Jan. 21-Feb. 4, 2010
Program: Feb. 4, 2010
Wednesday~2:30-4:00 p.m.

ST. PATRICK CRAFT

Age Group: 7-12 years old
Registration: March 2-13, 2010
Program: March 18, 2010
Wednesday~2:00-4:00 p.m.

EASTER CRAFT

Age Group: 7-12 years old
Registration: March 8-20, 2010
Program: March 30 & 31, 2010
Tuesday & Wednesday~2:30-4:00 p.m.

PERFORMING ARTS

TAHITIAN DANCE

Age Group: 12 years old & under
Registration/Program: Ongoing
Instructor: T. Delacruz
Monday & Wednesday~4:00-6:00
Fee: Cost of costume supplies

BEGINNERS TAHITIAN DANCE

Age Group: Open
Registration/Program: Ongoing
Instructor: S. Suboza~936-4440
Tuesday & Thursday~7:00-9:00 p.m.
Fee: Cost of costume supplies

PERFORMING ARTS

ADVANCE TAHITIAN

Age Group: Open
Registration/Program: Ongoing
Instructor: T. Delacruz~756-9246
Monday & Wednesday~7:00-9:00 p.m.
Fee: For costume supplies

SPECIAL EVENTS



P&R TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: January 4-22, 2010
Program: February 6, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School/Keauu High School

P&R TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: January 22-February 5, 2010
Program: February 20, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School/Keauu High School

HERSHEYS TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: T.B.A.
Program: March 6, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School



Ongoing Programs

RECREATION ROOM PLAY

Age Group: Open
Jan. 4-March 31, 2010
Monday-Saturday~During gym hours



Community Interest Activities

BOYS VOLLEYBALL

Age Group: 13 years old & above
Tuesday & Thursday~7:00-9:00 p.m.
J. Rowe~934-7212

GIRLS SOFTBALL

Age Group: 13 years old & above
Monday-Thursday~4:00-6:00 p.m.
T. Kaupu~895-7232

SPECIAL OLYMPICS

Age Group: Open
Saturday~8:00-10:00 a.m.
D. Pascual~969-3366

COMMUNITY MEETINGS

Every 3rd Wednesday of the month
Wednesday~6:30-9:00 p.m.

LINE DANCING

Friday~10:00 a.m.-12:00 p.m.
S. Sumida~959-1165

CUZINS VOLLEYBALL

Age Group: 13 years old & above
Monday & Wednesday~7:00-9:00 p.m.
Z. Kelson

KIPAPA VOLLEYBALL

Age Group: 13 years old & above
Monday & Wednesday~6:00-7:00 p.m.
G. Kipapa

AEROBICS

Tuesday & Thursday~5:00-6:00 p.m.
M. Makua

KUPUNA HULA

Tuesday & Thursday~5:00-7:00 p.m.
A. Nicholas~981-0458

ADULT SEWING

Sunday~2:00-6:00 p.m.
F. Chu~961-2727

FRIDAY NIGHT LIVE

Friday
K. Evans

Program Guides can be accessed by going on-line: <http://www.co.hawaii.hi.us/parks/recreation.htm>

POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY

The Department of Parks and Recreation provides recreational opportunities without regard to race, color, national origin, age, sex, religion or disability. Please call Alisa Mitchener, Recreation Specialist, 961-8740, ext. 24, VTTY 961-8736 to discuss your need for reasonable accommodation or for more information on site accessibility.