

TRACK RULES

NATIONAL FEDERATION OF HIGH SCHOOL ASSOCIATION RULES WILL APPLY WITH THE FOLLOWING MODIFICATIONS:

I. PLAYER ELIGIBILITY

- A. Any child 6 through 14 years, whose 15th birthday is on or after April 1, of the year in question, is eligible to participate.
- B. It shall be the duty of the coach to certify all birthdates of players on his team. Such verification shall be made available, upon request, to the meet officials.
- C. Each participant must have a written consent submitted to meet officials from parents or guardian, prior to participating.

II. PARTICIPATION RULES

- A. Each participant shall participate in his/her respective exponent or age group.
- B. Participants will be limited to a total of three (3) events.
- C. 1st, 2nd and 3rd place winners in the running events and 1st, 2nd, 3rd and 4th place winners in the field events from the district meets will qualify for the All-County Exponent and Age Group Finals.
- D. Exponent Divisions:
 - 1. Pee-Wee
 - 2. Midget
 - 3. Junior
 - 4. Intermediate
- E. An age, weight and height Classification Chart will be used to determine the exponent points, which will properly place the participants in the Exponent Divisions. For persons with disabilities, weight and height criteria will not be considered unless these are central to the event. The weight and height criteria for persons with disabilities must be determined before the event takes place, if a person with disabilities is a participant.
- F. Age-Group Divisions
 - 1. 6 - 8 years
 - 2. 9 - 10 years
 - 3. 11 - 12 years
 - 4. 13 - 14 years

III. EVENTS

A. Exponent Division: Boys

1. Pee-Wee 50, 75, 100, 100 Relay, 220 Relay, Standing Long Jump, Standing Triple Jump, Softball Throw
2. Midget 50, 75, 100, 220 Relay, 440 Relay, Long Jump, Standing Triple Jump, Softball Throw
3. Junior 50, 75, 100, 220, 220 Relay, 440 Relay, Long Jump, High Jump, Triple Jump
4. Intermediate 100, 220, 440, 880, 440 Relay, 880 Relay, Long Jump, High Jump, Triple Jump, Shot Put Discus.

Girls

1. Pee-Wee Same as Boys
2. Midget Same as Boys
3. Junior Same as Boys, except delete High Jump
4. Intermediate Same as Boys, except delete High Jump, Shot Put, and Discus; and add 50-yd Dash.

B. Age Group Division: Boys

1. 6 - 8 60, 100, 100 Relay, 220 Relay, Standing Long Jump, Standing Triple Jump, Softball Throw
2. 9 - 10 60, 100, 100 Relay, 220 Relay, Long Jump, Triple Jump, Softball Throw
3. 11 - 12 60, 100, 220, 220 Relay, 440 Relay, Long Jump, High Jump, Triple Jump
4. 13 - 14 60, 100, 220, 440, 440 Relay, 880 Relay, Long Jump, High Jump, Triple Jump, Shot Put, Discus

Girls

1. 6 - 8 Same as Boys
2. 9 - 10 Same as Boys
3. 11 - 12 Same as Boys, except delete High Jump
4. 13 - 14 Same as Boys, except delete High Jump, Shot Put and Discus

- C. All events will stand as posted. Any other event, special or otherwise, must be approved by Director or designated representative, before it can be included in a meet.

IV. SCORING AND RECORDS

- A. A team scoring format will not be adopted. Only individual awards will be given in the All-County Championship Meets.
- B. Ties will be resolved by either a run-off, extra jump or extra throw, depending on the event.
- C. Records are valid during All-County Championship Meets only.

V. PROTESTS AND OTHER POLICIES

- A. See General Rules