



Waimea Community Center & Thelma Parker Gym

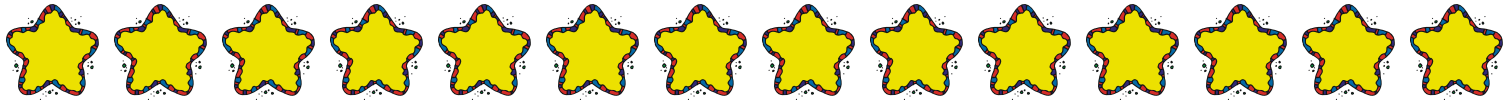


2010 3rd Quarter Program Guide

JANUARY*FEBRUARY***MARCH**

Lindsey Iyo, Recreation Director II (887-3014 & 887-3013)

Monday thru Thursday 10:30-6:30 p.m., Friday 7:45 a.m.-4:30 p.m.



SPORTS ACTIVITY

BOYS AGE GROUP BASKETBALL

Age Group: 8-14 years old

Program: Jan.-March 2010

Monday-Thursday~3:30-6:30 p.m.

GIRLS SOFTBALL

Age Group: 9-14 years old

Registration: Dec. 28, 2009-Jan. 31, 2010

Program: Feb.-March 2010

Monday & Wednesday~3:30-5:30 p.m.

*****Volunteer coaches needed*****

GIRLS BASKETBALL CLINIC

Age Group: 8-14 years old

Registration: March 8-11, 2010

Program: March 16-18, 2010

Tuesday, Wednesday & Thursday

4:00-6:00 p.m.

GIRLS BASKETBALL LEAGUE

Age Group: 8-14 years old

Registration: March 8-18, 2010

Program: March-May 2010

Monday-Thursday~Time: T.B.A.

*****Volunteer coaches needed*****



PHYSICAL FITNESS

WALKING HEALTHY

Age Group: Open

Registration/Program: Ongoing

Friday~9:00-10:00 a.m.

STRETCH CLASS

Age Group: Open

Registration/Program: Ongoing

Friday~10:00-10:30 a.m.

ZUMBA

Age Group: 15 years old & above

Registration/Program: Ongoing

Instructor: B. Brennan

Thursday~7:00-8:00 p.m.

ARTS & CRAFTS

DREAM CATCHER

Age Group: 5-12 years old

Registration: Jan. 18-21, 2010

Program: Jan. 22, 2010

Friday~2:30-3:30 p.m.

“BE MINE” CUPCAKES

Age Group: 5-12 years old

Registration: Feb. 8-11, 2010

Program: Feb. 12, 2010

Friday~2:30-3:30 p.m.

ARTS & CRAFTS



ST. PATRICK'S DAY GREEN EGGS & SPAM

Age Group: 5-14 years old
Registration: March 8-11, 2010
Program: March 17, 2010
Wednesday~10:00 a.m.-12:00 p.m.
Fee: \$1.00

SPECIAL EVENTS

P&R TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: January 4-22, 2010
Program: February 6, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School/Keau High School

P&R TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: January 22-February 5, 2010
Program: February 20, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School/Keau High School

HERSHEYS TRACK & FIELD MEET

Age Group: 6-14 years old
Registration: T.B.A.
Program: March 6, 2010
Saturday~8:30 a.m.-4:00 p.m.
Konawaena High School



Ongoing Programs

FURLOUGH FRIDAY PROGRAM

Age Group: 5-14 years old
Registration: Ongoing
Program: Jan. 15, 29, 2010
Feb. 5, 12, 2010
March 5, 12, 2010
Friday~8:00 a.m.-3:00 p.m.
Call for more information

FREE PLAY BASKETBALL

Age Group: 15 years old & above
Monday & Wednesday~6:30-8:00 p.m.

Community Interest Activities

TABLE TENNIS

John Ramoa
Monday & Wednesday~4:30-7:00 p.m.

AIKIDO

Stephen Hall
Monday & Wednesday~3:30-7:00 p.m.



KARATE

Richard Nakano
Friday~4:00-7:00 p.m.

SENIOR LINE DANCING

Elaine Jones
Wednesday~10:30 a.m.-12:00 p.m.

LINE DANCING

Charlene Carvalho
Monday~7:00-8:00 p.m.

Program Guides can be accessed by going on-line: <http://www.co.hawaii.hi.us/parks/recreation.htm>

POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY

The Department of Parks and Recreation provides recreational opportunities without regard to race, color, national origin, age, sex, religion or disability. Please call Alisa Mitchener, Recreation Specialist, 961-8740, ext. 24, VTTY 961-8736 to discuss your need for reasonable accommodation or for more information on site accessibility.